

Infant Massage

In four informal classes you will learn:

- how massage can help babies
- how massage can help parents and babies bond
- specific soothing and toning techniques and moves
- therapeutic techniques for special circumstances
- the theory and practice of reflexology and how it can be gently used with babies
- and more!

Following the basic massage classes, you may choose to take one or two continuing classes. The first one is on Cranialsacral Therapy for children, followed by Polarity Therapy and energy techniques.

2007 Schedule:

Infant Massage: July 2, 9, 16, and 23
Cranialsacral Therapy for Children: July 30
Polarity therapy and Energy Techniques: Aug. 6

Infant Massage: October 1,8,15,22
Cranialsacral Therapy for Children: Oct. 29
Polarity therapy and Energy Techniques: Nov. 5

Cost

The four week infant massage class is offered on a sliding scale basis, \$50-80. Handouts and oil are included as part of the class.

The optional Cranialsacral Therapy and Polarity Therapy Classes are on a sliding scale of \$10 - \$20 for each class.

Full payment is expected when you register. A full refund is available only when requested at least 72 hours before the class starts.

Missed classes (up to 2) may be made up in the next class cycle.

"I have the deepest respect for Linda Diane's infant massage practice. I have seen the profound changes that can occur: improved breastfeeding, more relaxation, improved sleep. I am thrilled she will be sharing her skills with parents"

Joanne Motino Bailey CNM, PhD

"Linda Diane had a very close connection with our premature baby that helped him get off to a strong start. My baby responded so quickly to her work that I'm still surprised by it. Linda Diane was able to help him connect to his own natural wisdom to find what he then had the ability to manifest."

Rebecca Greene, new mom

"Linda Diane has an extraordinary way with babies, listening carefully and proceeding thoughtfully. I've trusted many babies to her hands, and both parents and babies have always appreciated her talents; she's often been able to gently affect positive change when we were literally out of ideas!

I took a brief intro class with Linda Diane myself, and I was amazed at her breadth of knowledge, insight and graceful teaching style. I've been able to use and build on those three hours worth of knowledge ever since."

Beth Barbeau

Midwife, Educator

"Linda Diane has an incredible ability to forge an intimate, almost cosmic connection with new babies, knowing them, their needs, almost reading their minds. It was the greatest privilege to have her put her healing hands on both my children at their tenderest ages. "

Laura J. Ghiron

Senior Research Associate
Univ. of Mich. School of Public Health

For more information and to register please contact Linda Diane Feldt

734-662-4902 www.holisticwisdom.org ldfeldt@holisticwisdom.org P.O. Box 3218, Ann Arbor MI 48106-3218

About my training and experience:

A student of the healing arts since 1973, I began my full time private practice in 1982. With training and certifications in Cranial Sacral Therapy, Polarity Therapy, Massage and Herbology I've provided an integrated approach to holistic health care for over 25 years.

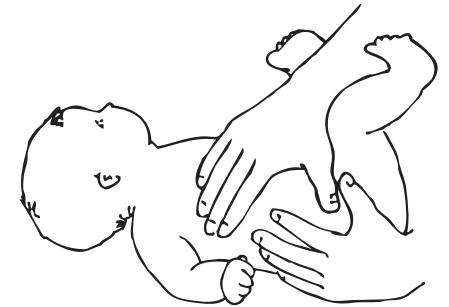
My teaching experience includes the Rudolf Steiner High School, Community High School, The UM School of Pharmacy, the UM Medical School, The Ann Arbor Public Schools Adult Ed, Jackson Community College, providing a series of monthly herbal classes for free since 1994, private classes, internationally for conferences, and workshops and lectures for countless organizations.

In addition to numerous published articles my books are "*Massage: Learning to Give and to Receive*", "*Dying Again: Thirteen Years of Writing and Waiting*", and "*Spinach and Beyond: Loving Life and Dark Green Leafy Vegetables*".

I taught a series of infant massage classes in the mid 80s. Since then, I have attended nearly 150 births, worked with hundreds of babies and newborns individually and enjoy that newborn and infant care has become the fastest growing part of my bodywork practice.

Linda Diane Feldt RPP NCTMB
Holistic Health Practitioner and Herbalist
P.O. Box 3218
Ann Arbor MI 48106-3218

Infant Massage and Holistic Health Care



with

Linda Diane Feldt

RPP, NCTMB
Holistic Health Practitioner
and
Herbalist

Class Information